

HEALTH PROFESSIONS PHYSICAL EXAMINATION FORM

**Diagnostic Medical Sonography
Emergency Medical Services
Health Information Management
Medical Assistant
Medical Office Administration
Occupational Therapy Assistant
Physical Therapist Assistant
Polysomnography
Radiography
Respiratory Therapy**

Return to: _____

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TIDEWATER COMMUNITY COLLEGE

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HEALTH PROFESSIONS

Program Technical Standards

Health Profession Descriptions

Please refer to the following descriptions of technical standards for each health profession. Please see Section IV.

Diagnostic Medical Sonography

Students in the Diagnostic Medical Sonography Program must attend approximately 1200 hours of clinical training in hospitals. They must be able to help lift and move patients; to pull, push, and control movements of machinery, such as portable ultrasound machines, patients on stretchers, film cassettes, and perform tasks requiring fine motor control. They must be able to hear Doppler Effect changes and see shades of gray and distinct colors.

Emergency Medical Services

As a Basic Emergency Medical Technician (EMT-B), the student will be required to attend a minimum of 10 hours of clinical training in which he/she will aid in the lifting and moving of patients to and from stretchers; pull, push, and control the movement of machinery, i.e., oxygen cylinders, cardiac monitors, and stretcher; perform CPR; view digital displays and monitor oscilloscope readouts; hear audible alarms; and auscultate blood pressures and heart and lung sounds. ALS students will have a minimum clinical hour requirement of at least 24 to 128 hours depending on ALS level as well as a field component.

Health Information Management

As a student in the Health Information Management Program, the student must attend 400 hours of coordinated practice in a hospital or health care facility. Students must be capable of carrying out office work, such as filing, typing, and writing.

Medical Assistant

A student in the Medical Assistant Program must complete 320 hours of clinical training in long-term care facility, a hospital, doctor's office, and urgent care center. The student must be able to lift and move patients as well as various office and laboratory equipment, obtain blood samples, administer pharmaceutical agents, auscultate blood pressures, obtain vital signs, and to perform tasks requiring fine motor control.

Medical Office Administration

A student in the Medical Office Administration Program must complete 100 hours of clinical training in a doctor's office. The student must be able to lift and move a variety of office equipment. The student must be able to perform tasks requiring cognitive and fine motor control tasks as well as using a computer.

Occupational Therapy Assistant

As a student in the Occupational Therapy Assistant Program, the student must attend 720 or more hours of clinical training in a hospital or health care setting. The student must possess the physical ability to repetitively aid in the lifting and moving of patients; the fine motor skills to fabricate adaptive equipment/ the emotional skills to interact effectively with patients and the health care team; the cognitive skills to instruct patients in learning new tasks; and to spontaneously respond to his/her patients in a therapeutic manner.

Physical Therapist Assistant

As a student in the Physical Therapist Assistant Program, the student must attend 600 or more hours of clinical training in a hospital or physical therapy setting. The student must possess the physical ability to repetitively aid in the lifting and moving of patients; the fine motor skills to manipulate dials and knobs; the emotional skills to interact effectively with patients and the health care team; and the cognitive skills to instruct patients in learning new tasks and spontaneously respond to his/her patients in a therapeutic manner.

Polysomnography

Students in the Polysomnography Program will attend hours of clinical training in a hospital or health care facility. The student must frequently lift and/or move up to 25 pounds, and occasionally lift and/or move up to 50 pounds. Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

Radiography

Students in the Radiography Program must attend approximately 1400 hours of clinical training in hospitals. They must be able to help lift and move patients; to pull, push, and control movements of machinery, such as portable x-ray machines, video monitors, overhead x-ray tubes, and imaging cassettes; to perform tasks requiring fine motor control; the emotional skills to interact effectively with patients and the health care team; and the cognitive skills to instruct patients during procedures.

Respiratory Therapy

As a student in the Respiratory Therapy Program, this individual must attend 600 or more hours of clinical training in a hospital or health care facility. The student must possess the physical ability to aid in the lifting and moving of patients; to pull/push and control the movement of machinery, i.e., ventilators and oxygen cylinders; to view digital displays and monitor oscilloscope readouts; to hear audible alarms; to auscultate blood pressure and heart and lung sounds; to perform tasks requiring fine motor control, and to interact effectively with patients and the health care team.

Part II

INSTRUCTIONS: Physician or official designee must complete this form and affix his/her official stamp at the bottom of the last page. **Copies of lab reports, titers, etc., MUST be attached. All sections of this form must be completed.**

PHYSICIAN:

Please complete and forward this record to the applicable TCC Health Professions Program Director (address on front).

1. Height: _____
2. Weight: _____
3. T: _____ P: _____ R: _____ BP: _____/_____
4. Vision: OD _____ OS _____ OU _____ Corrected? ___ Yes ___ No
5. General appearance:
6. Ears:
7. Nose:
8. Throat:
9. Neck:
10. Breasts:
11. Chest:
12. Cardiovascular system:
13. Abdomen:
14. GI system:
15. GU system:
16. CNS/Reflexes:
17. Back:
18. Extremities:
19. Is there evidence of misuse of illicit drugs or alcohol: ___ Yes ___ No
20. Describe any conditions currently being treated:

21. Allergies:

Student Name: _____

(Please print)

Part III

PHYSICIAN: The following immunizations or titers are required. A shot record must document all immunizations/titers unless immunization is given the day of the physical exam. Express results in numerical values. *Please provide a copy of all immunology results & titer results.*

TB skin test PPD	Applicant must undergo a two-step PPD* prior to beginning the clinical experience. *The second PPD should be completed 7-14 days after the first test is completed. If PPD is positive, then a chest X-Ray must be obtained.	First PPD	Second PPD
		Date of injection: ___/___/___	___/___/___
		Date read: ___/___/___	___/___/___
		Results: _____	_____
		Date x-ray read: ___/___/___	_____
		Results: _____	

Chest X-Ray-copy of the x-ray report must be attached.

Mumps Rubeola Rubella MMR	The applicant must have proof of two (2) MMR vaccination <i>or</i> documented proof of immunity shown by mumps, rubeola, and rubella titers. <u>If the applicant is not immune to MMR, they are required to obtain two (2) MMR vaccinations.</u> Please note: To reduce expense an MMR vaccination may be given in place of titer levels.	First MMR	Second MMR	
		Date of injection: ___/___/___	___/___/___	
		Titer	Date	Results
		Mumps	___/___/___	_____
		Rubeola	___/___/___	_____
Rubella	___/___/___	_____		

Varicella Chicken Pox	The applicant must have proof of varicella vaccination by varicella titer . <u>If the applicant is not immune to Varicella, they are required to obtain two (2) Varicella vaccinations.</u>	First Varicella	Second Varicella	
		Date of injection: ___/___/___	___/___/___	
		Date Read: ___/___/___	___/___/___	
		Titer	Date	Results
		Varicella	___/___/___	_____

Hepatitis B	Several clinical sites <u>may require</u> the completed Hepatitis B immunization series prior to beginning clinicals, or show documented immunity verified by hepatitis titer levels.	Date of injection:	
		Injection 1 ___/___/___ 1 month	
		Injection 2 ___/___/___ 1 month	
		Injection 3 ___/___/___ 6 months	
		Titer	Date
Hepatitis	___/___/___	_____	

Tdap	The health professions programs require that students have a current tetanus toxoid vaccination <i>within the past 10 years</i> .	Date of injection: ___/___/___

Student Name: _____
(Please print)

Part IV

To ensure patient safety and welfare, the Diagnostic Medical Sonography, Emergency Medical Services, Health Information Management, Medical Assistant, Medical Office Administration, Occupational Therapy Assistant, Physical Therapist Assistant, Polysomnography, Radiography, and Respiratory Therapy Programs of Tidewater Community College have established technical standards which must be met by the students.

PHYSICIAN:

Please consider the following technical standards when answering question number four (4) in Part V of the Physical Form.

YES

NO

Sufficient eyesight to observe patients, read patient records, manipulate equipment and accessories, visually monitor patients in dimmed light via video monitors, evaluate radiographs for quality, and see distinct colors on sonograms.

Sufficient hearing to communicate with patients and other members of the health care team, monitor patients via audio monitors, and hear background sounds during equipment operations.

Satisfactory speaking, reading, and writing skills to effectively and promptly communicate in English.

Sufficient gross and fine motor coordination to manipulate equipment and accessories, lift a minimum of 35 pounds; and to stoop, bend or promptly assist patients who become unstable.

Satisfactory physical strength and endurance to move immobile patients to or from a stretcher or wheelchair to the x-ray table, work with arms extended overhead, stand in place for long periods of time, and carry 20-25 pounds while walking. EMS applicants must be able to lift, carry, and balance 125 pounds.

Satisfactory intellectual and emotional functions to ensure patient safety and exercise independent judgment and discretion in the performance of assigned responsibilities.

Remarks:

Student Name: _____

(Please print)

Part V

PHYSICIAN: Fill in pertinent information regarding applicant including comments where required.

- | | YES | NO |
|---|-------|-------|
| 1. Is there anything in the applicant's past medical history that would preclude his/her successful completion of a health professions program?
<i>Comments:</i> | _____ | _____ |
| 2. After reviewing the questions in Part IV on the previous page, does this person have any physical or mental condition or disability, which would prevent him/her from attending this program?
<i>If yes, please explain:</i> | _____ | _____ |
| 3. Applies ONLY to Diagnostic Medical Sonography, Emergency Medical Services, Health Information Management, Medical Assistant, Medical Office Administration, Occupational Therapy Assistant, Physical Therapist Assistant, Polysomnography, Radiography, and Respiratory Therapy Applicants: Does this person meet the technical standards indicated in Section IV for the program to which he/she is applying?
<i>If no, please explain:</i> | _____ | _____ |
| 4. Applies ONLY to Emergency Medical Services Applicants: After examination, does this applicant have any evidence of illness or injury which would prohibit participation in clinical or internship components including use of an OSHA approved HEPA respirator?
<i>If Yes, please explain:</i> | _____ | _____ |

I have this date given _____ a careful physical examination and found him/her

to be in _____ health. Date: ____/____/____

Signature: _____ M.D., or **official** designee.

Print M.D. or **official** designee.

Official Stamp

Address

City State Zip

Telephone

Student Name: _____

(Please print)

Name: _____ Course/Section: _____ Semester/Year: _____