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## **TCC courses give free financial advice**

NORFOLK -- A single mother of three is getting help with making sound financial decisions and you can, too.

"I remember one particular time when my daughter graduated sixth grade and she wanted this dress that I really couldn't afford really, but I made adjustments in the budget and I got the dress and she was just thrilled," recalls Gayla Edwards.

Helping families and empowering single moms is the mission of the Still Hope Foundation.

"We just kinda navigate through being a single mom trying to figure out what the next steps are," explains foundation spokeswoman Monica Brothers.

Still Hope Foundation is joining forces with Tidewater Community College to offer courses on your finances.

"Hopefully, they'll learn how and when to spend money. With today's economic climate, everybody is struggling, trying to figure out what to do, so you have people who are trying to figure out when to use coupons, how to pay for medical insurance, what credit cards to cut up how to get out of bankruptcy, how not to go into bankruptcy," Brothers notes.

Edwards says that kind of information is needed.

"You want to be wise; you want to make sure you do the right thing with your money, not splurge or buy things you don't have to have," she adds.

The classes are free, but you have to sign up through the Still Hope Foundation. The class, called Making Good Money Decisions, is Tuesday at 2:00 p.m. at the Norfolk campus of Tidewater Community College.