Official Course Outline

<table>
<thead>
<tr>
<th>Discipline Prefix: NUR</th>
<th>Course Number: 27</th>
<th>Course Title: Nurse Aide I</th>
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<tbody>
<tr>
<td>Credit Hours: 4</td>
<td>Lecture Hours: 2</td>
<td>Clinical Hours:</td>
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<tr>
<td></td>
<td></td>
<td>Lab Hours: 4</td>
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<tr>
<td>Contact Hours: 6</td>
<td>Studio Hours:</td>
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Course Description

Teaches care of older patients with emphasis on the social, emotional, and spiritual needs. Covers procedures; communication and interpersonal relations; observation, charting and reporting; safety and infection control; anatomy and physiology; personal care, nutrition and patient feeding; death and dying. May include laboratory or clinical hours.

Textbook requirements are accessible at [http://tcc.bncollege.com/](http://tcc.bncollege.com/).

Prerequisites: None

Co-requisites: None

General Education Core Competencies Supported by this Course

After completion of this course, students will be able to:

- **Critical Thinking**
  A competent critical thinker evaluates evidence carefully and applies reasoning to decide what to believe and how to act.

- **Cultural and Social Understanding**
  A culturally and socially competent person possesses an awareness, understanding, and appreciation of the interconnectedness of the social and cultural dimensions within and across local, regional, state, national, and global communities.

- **Information Literacy**
  A person who is competent in information literacy recognizes when information is needed and has the ability to locate, evaluate, and use it effectively.

- **Written Communication**
  A competent written communicator can use writing to communicate with others, resulting in understanding and being understood.
Course Learning Outcomes
After completion of this course, students will be able to:

- Demonstrate required competencies utilizing safety and infection control principles, as well as professional communication and interpersonal interactions.
- Discuss clinical reasoning/clinical judgment used in the nurse's aide role to care for diverse client populations.
- Explain the role of the nurses aide in quality improvement processes to improve client care.
- Discuss how the nurse's aide collaborates with members of the interprofessional healthcare team, the client, and the client's support persons.
- Describe how information management principles, techniques and systems, and patient care technologies are used by the nurse's aide and the interprofessional team in healthcare settings.
- Explain professional, legal, and ethical guidelines related to the nurses' aide scope of practice.
- Describe how the nurse's aide contributes to a culture of caring in providing holistic, compassionate care.

Topics Covered in this Course

- The Commonwealth of Virginia has REGULATIONS GOVERNING CERTIFIED NURSE AIDES under the VIRGINIA BOARD OF NURSING Title of Regulations: 18 VAC 90-25-10 et seq. Statutory Authority : 54.1-2400 and Chapter 30 of Title 54.1
- CURRICULUM CONTENT: The curriculum shall include, but shall not be limited to, classroom and clinical instruction in the following:
  - Initial core curriculum. Prior to the direct contract with a nursing facility client, a student shall have completed a total of at least 24 hours of instruction. Sixteen of those hours shall be in the following five areas:
    A. Communication and interpersonal skills
    B. Infection control
    C. Safety and emergency procedures, including dealing with obstructed airways and fall prevention
    D. Promoting client independence
    E. Respecting client's rights
  - Basic Skills
    A. Recognizing changes in body functioning and the importance of reporting such changes to a supervisor
    B. Measuring and recording routine vital signs
    C. Measuring and recording height and weight
    D. Caring for the client's environment
    E. Measuring and recording fluid and food intake and output
    F. Performing basic emergency measures
    G. Caring for a client when death is imminent
  - Personal Care Skills
    A. Bathing and oral hygiene
    B. Grooming
    C. Dressing
    D. Toileting
    E. Assisting with eating and hydration, including proper feeding techniques
    F. Caring for skin, to include prevention of pressure ulcers
    G. Transfer, positioning and turning
  - Individual client's needs, including mental health and social service needs
    A. Modifying the aide's behavior in response to the behavior of clients
    B. Identifying developmental tasks associated with the aging process
    C. Demonstrating principles of behavior to be reduced or eliminated
    D. Demonstrating skills supporting age-appropriate behavior by allowing the client to make personal choices and by providing and reinforcing other behavior consistent with the client's dignity
    E. Utilizing the client's family or concerned others as a source of emotional support
    F. Responding appropriately to the client's behavior, including, but not limited to, aggressive behavior and language
    G. Providing appropriate clinical care to the aged and disabled
    H. Providing culturally sensitive care
  - Care of the cognitively or sensory (visual and auditory) impaired client
    A. Using techniques for addressing the unique needs and behaviors of individuals with dementia (Alzheimer's and others)
**Topics Covered in this Course**

B. Communicating with cognitively or sensory impaired clients  
C. Demonstrating an understanding of and responding appropriately to the behavior of cognitively or sensory impaired clients  
D. Using methods to reduce the effects of cognitive impairment  

- Skills for basic restorative services  
  A. Using assistive devices in transferring, ambulation, eating and dressing  
  B. Maintaining range-of-motion  
  C. Turning and positioning both in bed and chair  
  D. Bowel and bladder training  
  E. Caring for and using prosthetic and orthotic devices  
  F. Teaching the client in self-care according to the client's abilities as directed by a supervisor  

- Client's Rights  
  A. Providing privacy and maintaining confidentiality  
  B. Promoting the client's right to make personal choices to accommodate individual needs  
  C. Giving assistance in resolving grievances and disputes  
  D. Providing assistance necessary to participate in client and family groups and other activities  
  E. Maintaining care and security of the client's personal possessions  
  F. Promoting the client's rights to be free from abuse, mistreatment and neglect and the need to report any instances of such treatment to the appropriate staff  
  G. Avoiding the need for restraints in accordance with current professional standards  

- Legal and regulatory aspects of practice as a certified nurse aide including, but not limited to:  
  A. Consequences of abuse  
  B. Neglect  
  C. Misappropriation of client property  
  D. Unprofessional conduct  

- Occupational health and safety measure  

- Appropriate management of conflict

**Methods of Assessment Used in this Course**

<table>
<thead>
<tr>
<th>Direct Assessments</th>
<th>Indirect Assessments</th>
<th>Other Assessments (please describe below)</th>
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<tbody>
<tr>
<td>X Tests/Exams/Quizzes</td>
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<tr>
<td>X Studio/Lab Performance</td>
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<tr>
<td>X Demonstrations, presentations</td>
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<td>X Lab Practical</td>
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**Methods of Delivery**

<table>
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<tr>
<th>Face-to-Face</th>
<th>Hybrid</th>
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**Required Course Materials**

X Scantrons and #2 pencil, stethoscope, watch with seconds' hand

Date Last Reviewed: 03/03/2015
Course Description

Students are under the direct supervision of a state qualified nurse aide clinical instructor. Clinical must total 40 hours and must be taken in conjunction with the Co-requisite NUR 27. Clinical experiences are scheduled at a long term care facility. Clinical experiences are hands-on practical sessions during which the student gains proficiency in applying the knowledge and performing the procedures and skills discussed and practiced in the classroom and laboratory settings.

Textbook requirements are accessible at [http://tcc.bncollege.com/](http://tcc.bncollege.com/).

Prerequisites: None

Co-requisites: NUR 27

General Education Core Competencies Supported by this Course

After completion of this course, students will be able to:

- **Critical Thinking**
  A competent critical thinker evaluates evidence carefully and applies reasoning to decide what to believe and how to act.

- **Cultural and Social Understanding**
  A culturally and socially competent person possesses an awareness, understanding, and appreciation of the interconnectedness of the social and cultural dimensions within and across local, regional, state, national, and global communities.

- **Information Literacy**
  A person who is competent in information literacy recognizes when information is needed and has the ability to locate, evaluate, and use it effectively.

- **Personal Development**
  An individual engaged in personal development strives for physical well-being and emotional maturity.

- **Quantitative Reasoning**
  A person who is competent in quantitative reasoning possesses the skills and knowledge necessary to apply the use of logic, numbers, and mathematics to deal effectively with common problems and issues. A person who is quantitatively literate can use numerical, geometric, and measurement data and concepts, mathematical skills, and principles of mathematical reasoning to draw logical conclusions and to make well reasoned decisions.
**Scientific Reasoning**
A person who is competent in scientific reasoning adheres to a self-correcting system of inquiry (the scientific method) and relies on empirical evidence to describe, understand, predict, and control natural phenomena.

**Written Communication**
A competent written communicator can use writing to communicate with others, resulting in understanding and being understood.

**Course Learning Outcomes**
After completion of this course, students will be able to:

- Demonstrate nurse aide related knowledge, skills and abilities as it pertains to the Virginia State Board of Nursing and federal laws in an effort to successfully sit for and complete the National Nurse Aide Assessment Program (NNAAP) examination for the Commonwealth of Virginia; the college requires that the student successfully complete both the Nur 90 and the co-requisite, Nur 27 with a grade of "C" or better in order to receive a certificate of completion from college.
- This will be evidenced by:
  - The student must attend forty (40) mandatory clinical hours as set forth in the Nur 90 course syllabus/course calendar (the Nur 90 clinical instructor will maintain documentation to support each student's total time spent in attendance of the Nur 90 course).
  - Students will receive a mid term and final evaluation which will be averaged together to obtain a final grade
  - Students will be graded on three basic areas: Professional Demeanor, Safety, and Communication (Refer to Instructions for completion of Nurse Aide Student Performance Evaluation, see attached).

**Topics Covered in this Course**

- Communication and interpersonal skills
- Personal care skills
- Equipment manipulation
- Professionalism
- Selected skills performance

**Methods of Assessment Used in this Course**

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<tr>
<td>X Demonstrations, presentations</td>
<td>X Conferences w/students</td>
<td>X Case Studies</td>
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<tr>
<td>X Demonstrations, presentations</td>
<td>X Mid-Semester Evaluations</td>
<td>X Simulation</td>
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<tr>
<td>X Demonstrations, presentations</td>
<td>X Questionnaires to gather feedback</td>
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<tr>
<td>X Demonstrations, presentations</td>
<td>X Course Exit Surveys</td>
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<tr>
<td>X Demonstrations, presentations</td>
<td>X Participation points awarded</td>
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**Methods of Delivery**

- X Face-to-Face

**Required Course Materials**

- X Uniform

Date Last Reviewed: 07/18/2013